Essential Nectar Plants

Trees

Common Name	NB	Scientific Name	Light	Moisture & Soil	Height in Feet	Butterflies & Pollinators
Lignum vitae		Guaiacum sanctum	Sun, part shade	Average, sand, well-drained	30-40	Lyside Sulphur, Variety of butterflies. Bees. Bird fruit
Redbay		Persea borbonia	Sun, shade	Average, sand, well-drained	20-40	Palamedes Swallowtail, Spicebush Swallowtail, Florida White, Hairstreaks
Sea Grape		Cocoloba uvifera	Sun	Average, sand, well-drained	10-62	Florida Duskywing, Fulvous Hairstreak, Variety of butterflies
West Indian Trema		Trema micrantha	Sun, part shade	Average, sand, well-drained, humusy layer	32	Host - Io moth, Nectar for Martial-Scrub Hairstreak, Gray Hairstreak
Wild Tamarind		Lysiloma latisiliquum	Sun	Average-dry, sand, loam	30-50	Crescents , Queens, Sulphurs, Soldiers & Skippers

Vines

Common Name	NB	Scientific Name	Light	Moisture & Soil	Height in Feet	Butterflies Plant Attracts
Climbing Aster		Symphyotrichum carolinianum	Sun, part	Wet, sand,	10	Variety of butterflies
			shade	loam, muck		
Climbing Hempvine,		Mikania scandens	Sun, part	Wet-average,	6-8	Little Metalmark, Variety of
Hempweed			shade	sand, organic		butterflies
				soils		
Coral Honeysuckle, Trumpet			Sun, part	Wet-Average	15-20	Hummingbirds, Variety of
Honeysuckle		Lonicera sempervirens	shade	Sand, organic		butterflies
				soils		
Purple Passionvine			Sun, part	Average-dry,	25-75	Zebra, Julia, Gulf & Variegated
		Passiflora incarnata	shade	sand, clay		Fritillary
Oceanblue Morning glory			Sun, part	Average, sand,	15	Brazilian Skipper, Monk Skipper,
		Ipomoea indica	shade	humusy layer		Variety of butterflies
Snowberry	(1)	Chiococca alba	Part shade	Average-wet,	6-10	Variety of butterflies
				sand		

Perennials & Annuals

Common Name	NB	Scientific Name	Light	Moisture & Soil	Height in Feet	Butterflies & Pollinators
Bahama Senna, Chapman's Sensitive plant		Senna mexicana var. chapmanii	Sun	Average-dry, sand	2-4	Sulphurs
Bay Cedar		Suriana maritima	Sun, part shade	Average-dry, sand	6-10	Variety of butterflies
Beggars Tick, Spanish Needles		Bidens alba	Sun, part shade	Average-dry, sand	.5-1.5	Barred Yellow, Variety of butterflies
Blackbead		Pithecellobium keyense	Sun, part shade	Dry, sand	8	Large Orange Sulphur, Cassius Blue, Mangrove & Hammock Skippers
Blanket-flower		Gaillardia pulchella	Sun, part shade	Average-dry, sand, rich soils	.75-1.5	Variety of butterflies. Bees. Bird seed
Blazing Star		Liatris garberi and Liatris tenuifolia	Sun	Wet, sand	2	Variety of butterflies
Bloodberry, Butterfly Sage, Curacao Bush		Cordia globosa	Sun	Dry, sand	6-10	Ruddy Daggerwings & Hairstreaks, Bees, Bird fruit
Butterweed, cressleaf groundsel, yellowtop		Packera glabella	Sun, part shade	Wet-average, clay, silt	1-3	Variety of butterflies
Buttonbush		Cephalanthus occidentalis	Sun, part shade	Very wet-average, sand, clay, muck	5-20	Swallowtails & Skippers. Bird seed & fruit
Coastal Mock Vervain		Glandularia maritima	Sun	Very dry, sand	1.5-2	Mangrove Buckeye
Coastal Plain Willow		Salix caroliniana	Sun	Very wet-wet, sand, loam	25-60	Swallowtails & Red Admirals. Bees
Doctorbush, White, Wild Plumbago		Plumbago scandens	Part sun, shade	Average, sand, loam	1	Cassius Blue, Variety of butterflies
Duck Potato		Sagittaria lancifolia	Sun	Wet, poorly-drained, organic	2-3	Variety of butterflies
Everglades False buttonweed		Spermacoce terminalis	Sun	Average, well-drained, no humus, limestone	1-1.5	Variety of butterflies
Firebush		Hamila patens	Sun, part shade	Average, sand, well- drained, humusy layer	10-12	Host - Pluto Sphinx moth, Nectar - Black Swallowtail, Variety of butterflies. Halictid bees, hummingbirds
Florida Paintbrush, False Blazing Star		Carphephorus corymbosus	Sun, part shade	Average, sand, well-drained	2-4	Variety of butterflies

Common Name	NB	Scientific Name	Light	Moisture & Soil	Height in Feet	Butterflies & Pollinators
Frostweed, Crownbeard		Verbesina virginica	Part shade- shade	Average, sand, loam	4-6	Pearl Crescent, Swallowtails
Goldenrod		Solidago fistulosa	Sun, Part shade	Wet-average, sand	3-4	Variety of butterflies
Goldenrod		S.gigantea	Part shade	Average, sand	4-6	Variety of butterflies
Goldenrod		S.odora var.chapmanii	Sun	Dry, sand	3-5	Variety of butterflies
Goldenrod		S.sempervirens	Sun, part shade	Average-dry. Sand	2-3.5	Variety of butterflies
Goldenrod		S.stricta	Sun, part shade	Average. Sand, loam	3-5	Variety of butterflies
Indigo Berry, White Indigo Berry		Randia aculeata	Sun, part shade	Average-dry	3-10	Host - Tantalus Sphinx moth, Nectar - Atala Hairstreak
Jack-in-bush	(2)	Chromolaena odorata	-	-	4-5	Amethyst Hairstreak, Giant Swallowtail, Variety of butterflies
Milkweed, Swamp Milkweed		Asclepias incarnata	Shade, sun	Average-wet. Well-drained, organic	3-5	Monarch, Queen, Delaware Skipper, Variety of butterflies
Milkweed, Butterfly Weed		Asclepias tuberosa	Sun	Average, sand	1-2	Monarch, Variety of butterflies
Mistflower, Blue Mistflower		Conoclinium coelestinum	Part shade- sun	Wet-average, sand	1-2	Obscure skipper, southern broken-dash, Three-spotted Skipper, Variety of butterflies
Necklacepod		Sophora tomentosa var. truncata	Sun	Average-dry, sand, humusy	6-12	Cloudless & Orange-barred Sulphurs
Partridge Pea		Chamaecrista fasciculata	Sun	Average-dry, sand	1-3	Orange Sulphur, Sleepy Orange. Bees
Pennyroyal		Piloblephis rigida	Sun	Dry, sand	1-2	Ruddy Daggerwing & Gray Hairstreak
Pickerelweed		Pontederia cordata	Sun, part shade	Very wet, sand	3	Variety of butterflies
Porterweed		Stachytarpheta jamaicensis	Sun, part shade	Average-dry, sand, loam	.5-1	Tropical Buckeye, Variety of butterflies
Powderpuff		Mimosa strigillosa	Sun, part shade	Average-dry, sand	.255	Little Yellow, Variety of butterflies
Redroot	(3)	Lachnanthes caroliniana	Sun, part shade	Wet, sandy soils	3	Delaware Skipper

Common Name	NB	Scientific Name	Light	Moisture & Soil	Height in Feet	Butterflies & Pollinators
Rosy Camphorweed		Pluchea baccharis	Sun	Wet, sandy, organic	1-3	Variety of pollinators
Salt Bush		Baccharis halimifolia	Sun, part shade	Wet-dry	7-15	Variety of pollinators, Seeds for birds
Scorpiontail		Heliotropium angiospermum	Sun, part shade	Dry, sand	3	Gray Hairstreak, Variety of butterflies
Sea-Lavender		Argusia gnaphalodes	Sun	Very dry, sand	3-6	Variety of butterflies
Snow Squarestem, Cat's tongue		Melanthera nivea	Sun, part shade	Average, sand, loam	2-5	Variety of butterflies
Thistle						
	(4)	Cirsium horridulum	Sun, part shade	Average-dry, sand	1-4	Palmetto, Twin-spot & Sawgrass Skippers
Tickseed		Coreopsis leavenworthii	Sun	Average-wet, sand	1-3	Variety of butterflies
Walters Viburnum		Vibumum obovatum	Sun, part shade	Average-dry, sand	10-15	Variety of butterflies
Wild Coffee, Shiny-leafed		Psychotria nervosa	Part sun, shade	Average, sand, loam	2-6	Variety of butterflies, Bird fruit
Wireweed, fanpetals		Sida acuta, ulmifolia	Sun, part shade	Average-dry, sand	.6	Barred Yellow, Gray Hairstreak, Tropical Checkered Skipper, Variety of butterflies
Yellowtop		Flaveria linearis	Sun	Average, sand	2-3	Variety of butterflies
NB:	(1) (2)	Can be aggressive-IRC Aggressive weed, no other info by IRC				
	(3)	Toxic to livestock-Center for Invasive & Aquatic Plants				
	(4)	Very thorny				

References:

A. Info taken from document 'Nectar Plants of the Checklist For South Florida Butterflies' Broward County Parks, Florida dd 1/12

B. http://www.fnps.org/plants

C. http://www.regionalconservation.org/

D. https://www.wildflower.org/plants/index.php

E. Brochure: "Native Landscaping, Restoring Beauty & Balance to Florida, Florida Native Plant Society" 2017. Editor: R.Brownscombe

F. https://plants.ifas.ufl.edu/plant-directory/lachnanthes-caroliniana/